



Walk At Balboa Park Celebrate Mama's Kitchen

Walk Stretch and Give Back

This get together is to celebrate Mama's Kitchen, a non-profit here in San Diego committed to helping persons affected by AIDS or Cancer.

Please bring an item to donate to Mama's Kitchen such as box of cereal package, flour, instant oatmeal packets, bottle cooking oil, jar of peanut butter, jar of jelly, bag of rice, package of dried beans, spaghetti sauce, box of pasta, packets of pasta dinners, canned goods – fruits, soups, vegetables, chili, pasta & beans macaroni & cheese tuna fish/salmon cake mixes & icing, small box of dry milk.

We will meet at Balboa Park near the front of the Botanical Building. El Prado - San Diego, Ca 92101.

We will do a walk that loops around the park (3 miles) and end at **Alex's Lemonade Stand's Grand Stand Ceremony** to buy some lemonade and support their cause.

See Ya there for another fun get together.

What: Walk Celebrating Mama's Kitchen

When: May 21, 2011

Where: Balboa Park - Botanical Gardens

Time: 8:30-10:30

Contact: www.AQLife.org or Vince 619-804-5043

Other: The Free Get Together is put on by AQLife, FivePeaksFitness and PeakFinders Training Group

